

EPSDT Quick Reference Guide

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Screens

The Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a Medicaid benefit for children and adolescents. This program is a federally mandated program for patients aged 20 and younger who are eligible for Medical Assistance. This benefit's goal is to ensure that children under the age of 21 enrolled in Medicaid receive screenings and treatments that are medically necessary to correct or improve identified conditions. EPSDT is key to ensuring that children and adolescents receive appropriate preventive, dental, mental health and specialty services

Children ages 0 to 2 years should visit their physician at ages 1, 2, 4, 6, 9, 12, 15, 18, 24, and 30 months. Children, teens, and young adults ages 3 to 20 years should visit their physician once a year.

Diagnosis Codes

The following ICD-10 diagnosis codes should be used in conjunction with the EPSDT claims submitted:

Ages Ranges	Diagnosis Codes	Descriptions
0-7 days	Z00.110	Newborn under 8 days old
8-28 days	Z00.111	Newborns 8-28 days old
> 28 days – 17 yrs	Z00.121	Routine child health exam with abnormal findings
	Z00.129	Routine child health exam without abnormal findings
18-20 yrs	Z00.00	General adult medical exam without abnormal findings
	Z00.01	General adult medical exam with abnormal findings
2-20 yrs	Z68.51 – Z68.54	BMI Percentile
	Z71.84	Exercise Counseling
	Z71.3	Counseling for Nutrition

My Health Pays® Rewards

Delaware First Health (DFH) incentivizes members to complete healthy activities such as yearly wellness exams, annual screenings, assessments and more! Related activities include:

\$50 Infant Well Visits

Ages 0-15 months. Up to two rewards per lifetime. Requires three visits or claims to receive award

\$25 Infant Well Visit

Ages 15-30 months. Up to two rewards per lifetime

\$25 Child Lead Screenings

Ages 9-18 months: One reward
Ages 19-27 months: One reward

\$25 Child Well Visit

Ages 3-18. Once per year

\$25 Adult Well Visit

Ages 21 and up. Once per year

\$15 Flu Vaccinations

Ages 6 months and up. Once per year

\$20 Health Risk Assessment

One-time reward.

To review the full list of healthy activities eligible for rewards and additional details, visit the [DFH My Health Pays® Rewards page](#).



Common Screenings and Assessments

Services	CPT Codes	Required Age of Screening
Maternal Depression Screening	96161	1 month 2 months 4 months 6 months
Developmental Screen	96110	9 months 18 months 30 months
Behavioral/ Social Emotional	96127	All ages
Anemia	85013 Spun Hematocrit	12 months
	85018 Hemoglobin	
Lead Screening	83655	12 months 24 months
Autism	96110 U1	18 months 24 months
Vision	99173 Visual Acuity Screen	3-6 years 8 years 10 years
	99074, 99177 Instrument-based screening	12 years 15 years
Hearing	92551 Audio Screen	3-5 days 1 month 2 months 4 - 6 years 8 years 10 years
	92552 Pure Tone-Air Only	11- 14 years* 15-17 years* 18-21 years*
Dyslipidemia	80061	9-11 years 17-20 years
Oral Health	99188 Fluoride Varnish	6 months – 5 years

Referral Codes (must be included on the claim)	
Referral Codes	Definition
YV	Vision referral
YH	Hearing Referral
YM	Medical referral
YB	Behavioral referral
YD	Dental referral
YO	Other

CPT Codes		
Ages	New Patients	Established Patients
Preventative visit Age <1 yr	99381	99391
Preventative visit Ages 1-4 yrs	99382	99392
Preventative visit Ages 5-11 yrs	99383	99393
Preventative visit Ages 12-17 yrs	99384	99394
Preventative visit Age 18-20 yrs	99385	99395

Helpful Links:

- [DFH Provider Manuals and Form](#)
- [DFH EPSDT Outreach Form](#)
- [CDC Vaccine & Immunization Schedule by Age](#)
- [DFH Provider Training and Education Opportunities](#)

This is not a complete list of scheduled screenings and assessments. For a complete guide outlining screening eligibility information, coding and schedules, please consult the [American Academy of Pediatrics Bright Futures Periodicity Schedule and Guidelines](#).